

Cohort 5 Call 1 - Setting off together...



- Connecting
- Your questions, thoughts, hopes and fears
- The Wheel
- Our Cohort page
- The co-coaching
- Your feedback
- And next...
- Appreciations and close

*“If you want to change how a person thinks...
give them a tool,
the use of which will gradually cause them over time
to think differently.”*

Buckminster Fuller



What we are creating

- *A free-to-the-world tool*
- *For catalysts, concerned citizens, professional coaches and clients*
- *that easily and consistently opens up deeper, inspiring and transformative conversations*

A community of professional coaches

- *evolving resources*
- *supporting each other*
- *and taking this to the world*

What experienced coaches are saying...

'It enables us to get straight into a meaningful conversation'

'Amazing "light bulb" moments happened for me'

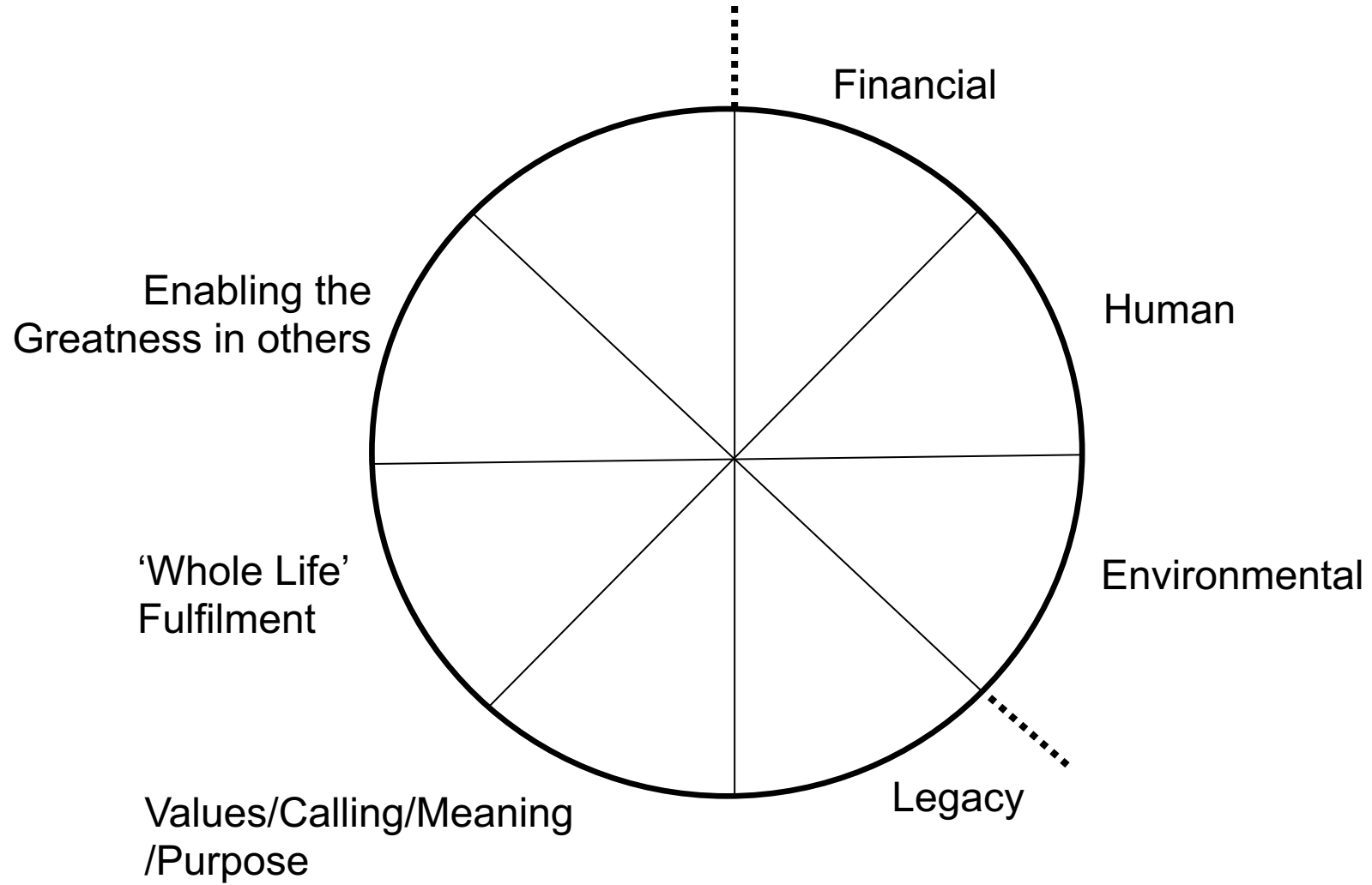
'This wheel presents a way of unpackaging the wholeness of being human'

A reminder of my personal power and gifts that I have to offer to the world'

'Deeply pleasurable to have a tool that created the safe container for a richly meaningful conversation'

'It's an invaluable tool to use with even the most sophisticated and experienced client'

Neil's Wheel





Parent, child, sibling,
grandparent



Enabler



Leader



Catalyst



Supporter



Ancestor



Voice for...



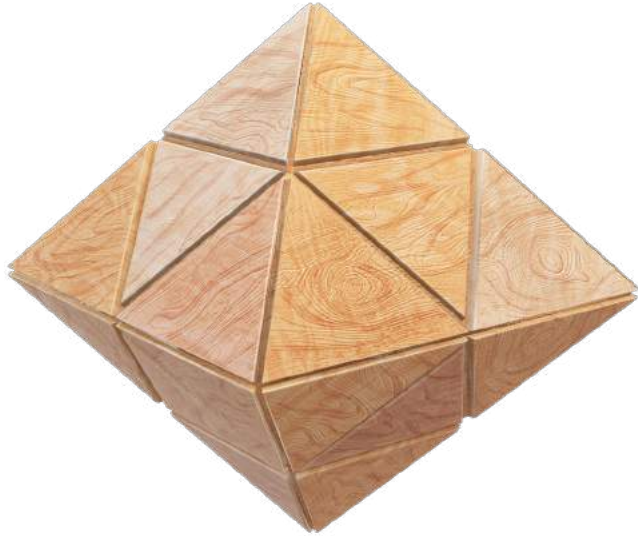
Citizen



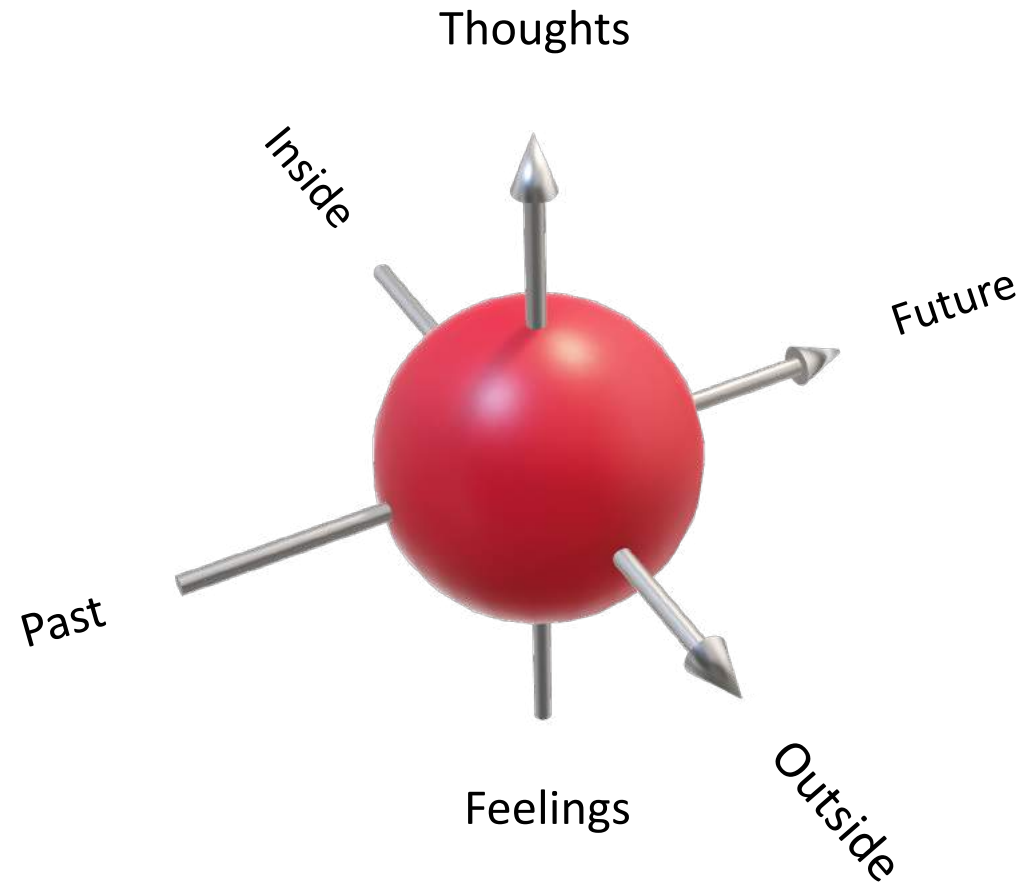
Creator



Carer



All the parts of you,
Fitting together



5 Freedoms

1. Own exploration/interpretation of words
2. Own choice of 'parts of self'/roles in the world
3. Own form of expression (words, scores, pictures etc)
4. The 'Blank' space
5. Own choice of journey (where to start, where next...)

4 Mantra's

"There's no 'One way'"

"Let the Wheel do the work"

"Coach the person"

(The Wheel is the catalyst to the conversation)

As Coach:

"Recognise and own your own stuff"

Questions you might wish to ask...

Where would you like to begin?

*What thoughts and feeling arise when you think about
<segment name>?*

How does this segment relate to the other segments?

*What are you drawn to?
What are you avoiding?*

How might you wish to divide this segment?

How would you describe/mark/score/record your thinking?

See neilswheel.org for more Universal Questions

Our Cohort Page

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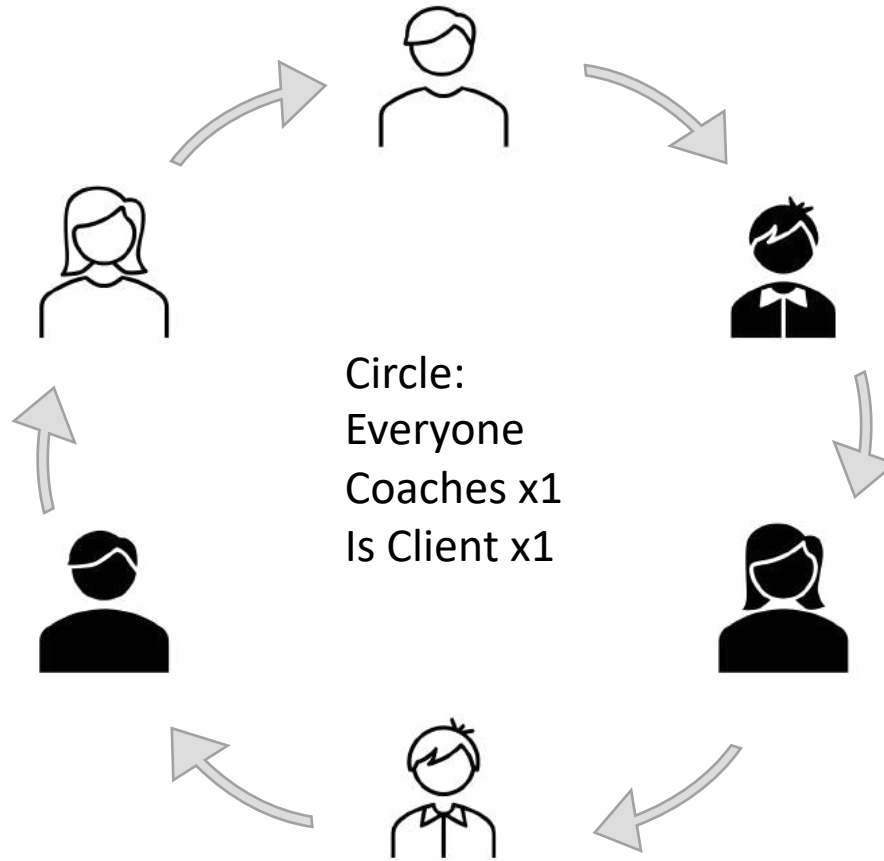
Neil's Wheel Introductory Experience for Coaches Welcome to your Cohort 5 page

This page is just for you and your Cohort 5 colleagues. We hope you can find here all that you need to have a great time with colleagues on the Introductory Experience.

And... if you have ideas and suggestions for improvements, please tell us.

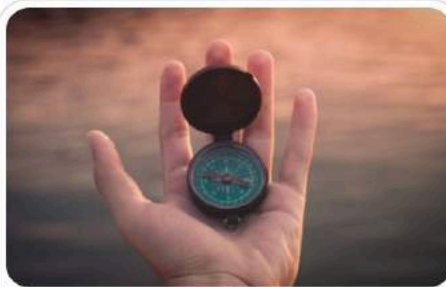


The Co-Coaching



Contracting: See Resources on the Cohort's webpage

Resources: Latest updates, Call recordings, Learnings, Sharings, etc.



Contracting as part of the Neil's Wheel Experience

Nov 4, 2020

Our experience with coaches of all levels of experience who are using the wheel is highlighting how important the...



I saw the Wheel do the work...

Oct 12, 2020

Are you looking for a really easy way to invite clients and colleagues into conversations that can bring new awareness, transformation and greater health and happiness? Hear Rashmi's inspirational story of how



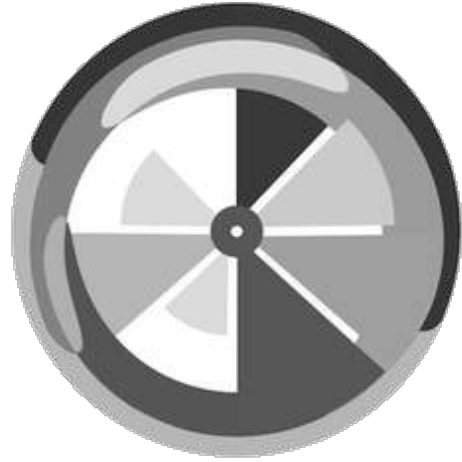
"The most amazing exploration" – Liz of Coaching at Work

Oct 8, 2020

"I was blown away by The most amazing exploration can help you go super [simply get]..."

Look out for
additional co-coaching opportunities with
the Alumni!

Next: Monday 12th April 17.00-18.30 BST



Enjoy!